

WHILE TRITURATION WAS NOT INVENTED BY HOMOEOPATHY, IT WAS THE GENIUS OF DR. SAMUEL HAHNEMANN (APRIL 10, 1755 – JULY 2, 1843) WHO DETAILED A PRECISE STANDARD OPERATIONAL PROCEDURE FOR THE TRITURATION PROCESS.

A homoeopathic trituration is part of the process of making a homoeopathic medicine. First a small amount of the source material is placed in a mortar along with milk sugar and ground with a pestle for 1 hour, resulting in the 1C potency. After more milk sugar is added and it is ground for another hour with the pestle the result is 2C. This process is repeated for another hour to yield the 3C potency.

Most standard homoeopathic pharmacies then proceed to dilute and succuss a small amount of this milk sugar with water and alcohol to yield the higher potencies (30C, 200C etc).

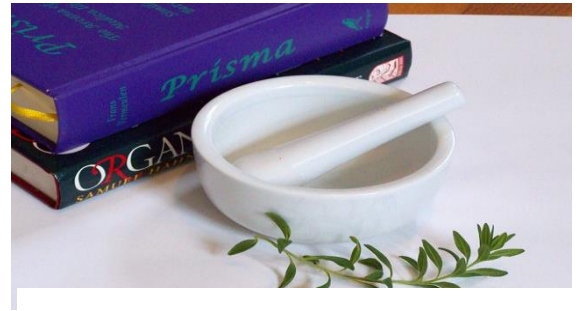
The C1 level corresponds to the living physical body and its sensations. The C3 level corresponds to the emotional body. The C3 level corresponds to the mental body, intellect and reasoning. This is the rational way that we look at the world. At this level we understand things in terms of polarity and judging, in terms of right and wrong. This level is connected with the emotional and physical bodies.

C3 triturations:

- Activate the latent medicinal power of the medicine, resulting in a more powerful action of the medicine.
- Result in retention of all the active constituents of the plants, for example resins, saponins, alkaloids, and volatile oils, which may otherwise be lost during the extraction process.
- Render available otherwise insoluble substances like Sulphur and metals.

Every trituration sharpens our senses and we become more attuned to ourselves and others. Triturations facilitate a deeper understanding of both the medicine's and the patient's deeper message.

AHA QLD TRITURATION WORKSHOP



**Trituration SUN 9-5 pm July 14th (7 CPD Points)
Venue – Yuraba Conference Centre**

Beautiful situated within the Kumbartcho Sanctuary overlooking bushland and river scenery – perfect for a relaxing day of social interaction with fellow colleagues and professional development.

15 Bunya Pine Court Eatons Hill

- Plenty of free parking

Basic Morning Tea & Lunch provided

(fruit/cheese/vegetable soup)

BYO – special catering needs please

Pricing:

AHA Prof members - \$105 Early Bird by 5/6/19 or \$130 till 5/7/19

AHA Gen member - \$155 Early Bird by 5/6/19 or \$180 till 5/7/19

Non Members - \$195 Early Bird by 5/6/19 or \$220 till 5/7/19

Students - \$90 Early Bird by 5/6/19 or \$115 till 5/7/19

BYO- MORTAR & PESTLE

Available to purchase at below cost from AHA QLD Branch - \$49 High quality Porcelain Mortar & Pestle & Scraping Spoon Package Limited quantity - Please reserve by emailing fionaprovan1@gmail.com

Register online at <http://aha.wildapricot.org> or for assistance phone National Office on 0421 672 023.

Trituration Organiser – Fiona Provan
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